

Velindre NHS Trust Leadership Programme Action Learning Set (ALS) Evaluation Form

Date: 27th July 2017

Group B (1 of 8)

1. The things I have learnt from today's Action Learning Set are:

- The process of ALS and how it works. Learning styles awareness.
- Importance of using open questions.
- What ALS is. How to ask appropriate questions. Listening is a skill.
- Importance of concise questions. What? When? Who? How? etc. Usefulness of ALS for problem solving.

2. The most important thing I have learnt about myself today is:

- Self awareness - being aware of my own attitude to the group changing over the course of the day.
- I must improve my listening skills and resist the temptation to interrupt.
- What kind of learning style I have and the key skills it gives me and things I need to work on.
- I'm a 'theorist' in terms of learning styles. Need to focus on my approach to listening and empathising & staff problems, issues etc.

3. My action plan to take back to my workplace is:

- Check out web - resources. Check out 2+ book recommendations.
- Decide the mix of my people in my team eg activist, theorist, etc.
- Use listening and open questioning in meetings. Taking more time to focus and think about challenges.
- Start team meetings in a quick round-robin. Re: successes since last meeting.

4. The learning set could have been improved if:

- Very good introduction to action learning; felt that the session was more about getting to know the others in the group.
- No improvement necessary.
- Room was ready on time (someone else booked 9-10am)
- We'd had access to the room earlier to allow set up (not Ian's fault!)

5. The style of facilitation was:

- Excellent!
- Very interactive, mixture of vocal and visual aids which I enjoyed.
- Excellent - authentic and sincere.
- Excellent, warm and friendly but direct.
- Fab!

6. Additional Comments:

None.
